Spilman Memorial Baptist Church **601 Madison Avenue** Kinston, NC 28501

10:30 AM

OCTOBER 2020

10:30 AM

DR. H. POWELL DEW, JR

OCT 11 (SUN)

OCTOBER 2020 TIE NEWSLETTER

10:30 AM

"TEN COMMANDMENTS—PART II"

EXODUS 20:1-11

EXODUS 20:1-11 DR. H. POWELL DEW, JR.

25 (SUN)

10:30 AM

LORD'S SUPPER OBSERVED

DR. H. POWELL DEW, JR.

OCT 18 (SUN)

"TEN COMMANDMENTS

Non-Profit Organization U.S. Postage PAID Kinston, NC Permit #221

The church will continue with weekly

mailings and Facebook Live on Sunday morning at 10:30.

individuals that feel comfortable coming back to church. We do ask if you are experiencing any illness that may be flu like, to The sanctuary will be open on Sunday mornings for those please stay home.

Avenue entrance. The rest of the buildings and doors will be locked Please enter the sanctuary on Sunday morning through the Madison and off limits to members.

We will continue to offer masks, hand sanitizer, and bulletins for those attending. We do request those attending to sit at least six feet from each other and continue to practice social distancing guidelines while at church.

We will not be passing the plate. Hymnals and Bibles have been removed from the pews. Please use the worship bulletin for the music and scripture readings. Offering will be collected as people enter or exit the building.

Connecting you with the body of Christ at Spilman Memorial Baptist Church

OCTOBER 2020

CHURCH STAFF

Dr. H. Powell Dew, Jr., Interim Pastor Michell Sutton Eguez—Administrative Assistant Clay Whittington, Director of Music and Organist Michael and Vance Aldridge, Custodians Michelle Sutton, Finance Assistant



The Four Things

One of the most powerful books I have read on building healthy relationship was written by Ira Byock. The title of the book is, "The Four Things that Mattered Most: A Book about Living." This book has four simple but profound tasks for us to master if we are to develop healthy relationships in life.

As we go through our daily journey in life, we often experience hurt from others. Maybe someone has said or done something awful against us. These actions may not have been intentional, but they have caused the relationship to be broken.



have lashed out at others and caused great harm.

The first step in restoring that relationship is found in embracing the statement, "I forgive you." When we fail to forgive, we shut off our ability to function well in that relationship. God takes the business of forgiveness so seriously that He warns us that if we want God to forgive us, we need to be willing to forgive others. Even the Lord's Prayer admonishes us to "Forgive us our trespasses as we forgive those that trespass against us."



DR. H. POWELL DEW, JR.

The second thing that matters most is also related to the topic of forgiveness. Just as others have hurt us, we may be guilty of causing pain in other people's lives. We may be guilty of forgive abandoning others during a time of need. We may have ignored their plea for help. We may me

Ira Byock encourages us to confront others with the request, "Will you forgive me?" The giving and receiving of forgiveness is instrumental in forming restorative relationships.

The third task in our journey of life is expressing "I love you" to those we love. Some families



(especially men) have a difficult time expressing this verbally to one another. Words of affirmation and love are like water to a thirsty soul. We must water those we love with words and actions that reflect our care and concern for them.

The fourth task is to say, "Thank You." We may casually say it to our waitress but do we really tell those around us how much we appreciate what they have done for us? Expressing our appreciation is critical in each relationship.



Several year ago, I was taking a class for Campbell University Divinity School called CPE, Clinical Pastoral Education. The classroom is actually a hospital setting. Students work closely with the instructor and the hospital chaplain to minister to staff, patients, and families within the hospital. Some individuals in the hospital were in very critical situations where they weren't expected to live very long. Many people will open up to a minister and begin to share some of their family history and how they became estranged from a particular individual. (Continued on page 2)

Four Things (Continued from page 1)

Because some patients would be there over several days, I was able to introduce these "Four Things" to them and ask them to apply them to their situation. It was as if they now had direction in how to heal what was once broken. I was able follow up with the patients and see how they applied these to their relationships that once were broken, and saw how they were on the path towards healing. I was able to see fathers make peace with their family before they died. I was able to see separated families joined together once again.

How are the relationships around you? Do you need to apply these "Four Things" more intentionally in your life to bring about healing and restoration? If so, I would encourage you to begin now.

Working through these "Four Things" are so important for all of us because life is so brief. We need to make sure we express these to those we love because we never know when our final breath will be taken. To live life in such a manner (forgiving others, being forgiven, expressing love and thanks) is a blessed life. Take ACTIVE steps to-day to live out the "Four Things that Matter Most!"

COVID-19 Update from Donna Keith, RN

UNC Lenoir remains full with COVID patients. August and September have been our busiest months in admissions for COVID. We have also experienced more deaths. This virus is very hard on everyone. This is not just a "flu". It is a very frightening virus and it affects people so differently. One minute a patient is a little short of breath and the next minute they can be on a ventilator.

Please think of your loved ones and others that may not have a good immune system. Because it is now the flu season, please get the flu vaccine if you are in high risk population. I have already received mine. The pneumonia vaccine is also available. Keep in mind, large gatherings are where the virus is spread the most. Statistics show funerals and weddings are right up there for most common places where the virus can be spread. We keep learning more every day but wearing masks is our new normal behavior. Stay safe and wear a mask, wash your hands and stay a good distance from others!

Spilman 2020 Facts and Figures	August 2020	Year-to- Date
General Budget Monthly Needs	\$22,462.58	\$179,700.64
General Offerings Received	\$16,610.00	\$159,855.00
Designated Offerings Received	\$830.00	\$10,485.00
Total Offerings Received	\$17,440.00	\$170,340.00
Total General Budget Expenses	\$22,148.06	\$144,440.61
Budget Giving was Over (Under) Budget by:	(\$5,852.58)	(\$19,845.64)
Net Budget Giving vs. Budget Exp.	(\$5,538.06)	\$15,414.39

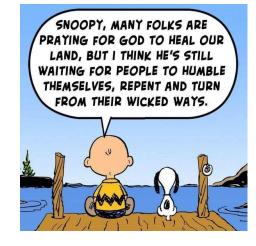
2 Chronicles 7:13-14

When I shut up the heavens so that there is no rain, or command the locust to devour the land, or send pestilence among my people, if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.









Music of the Reformation Era

Clay Whittington, Music Director

In 1517, Martin Luther wrote his *Disputation on the Power and Efficacy of Indulgences*, better known as his *Ninety-five Theses*, and on the eve of All Saints' Day, nailed this list to the door of All Saints' Church in Wittenberg, Germany. This event became the definitive spark of the Protestant Reformation throughout Europe. Marking the 503rd anniversary of this day, the preludes in October will highlight four styles of sacred music to emerge from the era of the Reformation.

The Protestant Reformation brought about many changes, not just in the creation of new denominations, but in the Roman Catholic Church as well. The Catholic Church held fast to their traditions, but eventually gave way to many changes evident in Protestant music. If you

could sum up these changes in music with one word, it would be "congregational." The Catholic Church had a long -standing tradition of the mass being celebrated apart from the congregations, both in language (Latin) and physical separation (rood screens).

Reformers sought to create a more interactive music and worship experience. Calvinism introduced metrical tunes for congregational singing of the Psalms, Anglicanism introduced the anthem and congregational service music for use in the Eucharist, and Lutheranism introduced the great German Chorales. With the act of worship being extended to the laymen for participation, prayer books and hymnals started to make their way into private homes and eventually the pews.

In October, we'll explore the various types and styles of worship music that originated in the Reformation Era. Each weekly bulletin will include an insert explaining the importance of each selection and style. Look forward to:

October 4 – The Counter-Reformation of the Roman Catholic Church

Crux Fidelis by Giovanni Pierluigi da Palestrina (1525/1526–1594)

October 11 – Metrical Psalms of Calvinism

Or sus, serviteurs du Seigneur by Loys Bourgeois (ca. 1510–ca. 1561)

October 18 – Anthems of Anglicanism

If Ye Love Me by Thomas Tallis (ca. 1505–1585)

October 25 – Chorales of Lutheranism



2020

BIRTHDAYS

- 2 AUDREY TYSON
- JENNIFER BENNETT
- 6 JOYCE LOCKAMY
- 8 FRANCES KEEL
- 1 BERRY ANN PITTMAN
- 11 CAROL LARKINS
- 13 YVONNE PARKER
- 16 DOLORES KELLY
- 17 JIMMY OVERTON

- 19 JENNY HOLT
- 20 KAY BLIZZARD
- 21 MIKE HARTFORD

TIWANA GRANT

- 21 SHORTY HILL
- 22 SARAH BETH BLIZZARD
- 25 KIMBERLY HARPER
- 25 MARGARET MOORE

Welcome October!

Offer your heart, mind, and soul to the Lord.

Confess all your mistakes and sins. Praise God that

Today He will provide and protect you and your loved ones.

Outpouring of His love and grace can be claimed by you with thanksgiving.

Blessings will overflow through you so you can be a blessing to others, too.

Every day be grateful that God works in you to

Restore and renew your life for His glory.

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